|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Mean number of servings of vegetables on average per day** | | | | | | | | | |
|  | **Male** | | | **Female** | | | **Total** | | |
| Age Categories (Years) | n | Mean number of servings | 95% CI | n | Mean number of servings | 95% CI | n |  | 95% CI |
| 18-29 | 265 | 1.0 | 0.8 - 1.2 | 241 | 1.1 | 0.9 - 1.3 | 506 | 1.0 | 0.9 - 1.2 |
| 30-44 | 469 | 1.6 | 1.3 - 2.0 | 502 | 1.5 | 1.2 - 1.7 | 971 | 1.5 | 1.3 - 1.7 |
| 45-59 | 443 | 1.5 | 1.0 - 2.0 | 481 | 1.7 | 1.4 - 1.9 | 924 | 1.6 | 1.3 - 1.9 |
| 60-69 | 297 | 1.9 | 1.5 - 2.3 | 303 | 1.7 | 1.5 - 1.9 | 600 | 1.8 | 1.6 - 2.0 |
| **Total** | **1474** | **1.4** | **1.2 - 1.6** | **1527** | **1.4** | **1.3 - 1.6** | **3001** | **1.4** | **1.3 - 1.5** |
| Area |  |  |  |  |  |  |  |  |  |
| Rural | 441 | 1.5 | 1.2 - 1.9 | 451 | 1.4 | 1.1 - 1.6 | 892 | 1.5 | 1.2 - 1.7 |
| Urban | 1033 | 1.3 | 1.2 - 1.5 | 1076 | 1.5 | 1.3 - 1.6 | 2109 | 1.4 | 1.3 - 1.5 |